

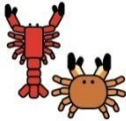













THE PARSNIPSHIP		Allergen Chart													
DISHES															
Vegan – (V)	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	
Beetroot Bomb (V)		Wheat													
Glamorgan Crumble		Wheat					Cow's								
St. Nick's Nuts -Moroccan Cashew & Walnut Roast (V)		Wheat								Cashew Walnut				✓	
Stilton & Spinach Potato Cake							Cow's								
Tandoori Chickpea & Lentil Mash-Up (V)									✓						
Thai Chickpea & Lentil Mash-Up (V)														✓	
Mushroom & Peanut Roast (V)		Wheat									✓		✓		
Review date:	14/01/20	Reviewed by:	Flo Ticehurst				NB: Although we operate under very strict procedures to ensure the risk of cross contamination is minimal, we cannot guarantee that a product is '100% free from' that component. Our kitchen uses: Celery, Cereals containing gluten, Milk, Mustard, Nuts, Peanuts, Sesame, Soya, Sulphites.								